BLACKBROOK

SPA & WELLNESS

Escape to
Blackbrook Spa

Welcome!

Blackbrook Spa is a luxurious beauty facility based at the Blackbrook Leisure Centre and Spa in the heart of Taunton. With everything you could possibly need for an indulgent day away, it's the perfect place to relax, unwind and recuperate.

Choose from our luxurious treatments using Caudalie products or take advantage of our wide range of beauty services including manicures and pedicures, gel nails, waxing, tinting and shaping.

Our facilities include luxurious treatment rooms, a relaxation area, Monsoon shower, Sauna, Steam room and Hydrotherapy pool.

We hope you enjoy your spa experience.

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Pampering Hands & Feet

Express Mani/Pedi £24

Luxury Mani/Pedi £35

CND Shellac Gel Application
45 minutes £27.50

Gel Soak Off
30 minutes £6.50

CND Shellac Gel Soak Off
and Application
75 minutes..... £31.50

CND Shellac Gel Add-on
30 minutes £7.50

Essentials

Waxing

Lip £6.50
Chin £6.50
Lip and chin..... £12
Eyebrow £9.50
Underarm £11.50
Arm £17
Full leg £25
Half leg £17
Bikini..... £17
Brazilian £24.50
Hollywood £24.50
Chest £19
Back £19
Back and shoulders £24.50
Chest and stomach £24.50

Eyes*

Eyelash tint £11.50
Eyebrow tint..... £8.50
Eyelash and brow tint £17
Eyebrow wax and tint £17
Eyebrow wax, eyebrow tint
and eyelash tint..... £24.50

*Patch test required 24 hours before.

Skincare

Caudalie Express D-Vine Instant Glow Facial
25 minutes..... £31.50
Instant radiance booster: Express facial for a burst of radiance in just 25 minutes. The facial starts with a deep cleanse, exfoliation and a mask to boost radiance. Your skin looks rested and your complexion's brightness is restored.

Caudalie Vinosource Anti-Oxidant Hydrating Facial
55 minutes £63
Moisturises, Soothes and Hydrates: A skin renewing treatment to deeply moisturise the skin. This facial starts with a gentle cleanse, a massage using fresh grapes followed by a recovery essential oil massage that soothes dry skin. The application of an intensely moisturising mask, and our Vinosource treatments restore moisture levels for a healthy, glowing complexion.

Caudalie Vinopure Purifying Facial
55 minutes £63
This treatment purifies your skin, cleanses your complexion and helps regulate excess sebum. A skin cleansing and a face massage with essential oils and a cryo-massager will help remove impurities and tighten pores. The cryo-massager will have an anti-inflammatory action on the skin (and anti-dark circles on the eye contour).

Caudalie Vinoperfect Radiance Facial
55 minutes £63
Radiance, anti-dark spots/ pigmentation: The ideal treatment for skin lacking radiance and luminosity. After skin is gently cleansed, a massage with essential oils and hot and cold basalt stones stimulates your skins radiance. The deep action peeling mask awakens the luminosity of your complexion. Caudalie's Vinoperfect collection adds the finishing touch to this facial, leaving you looking rested and radiant.

Caudalie Vineactive Detox Facial
55 minutes £63

Anti-Oxidant, anti-wrinkle, protect: A burst of vitamins and energy for the skin! Created for clients who need a rescue from pollution, this facial features products with two key ingredients: grape-seed polyphenols and vitamin C, to shield skin from free radicals and prevent future damage. After a thorough cleansing and deep exfoliation, a detoxifying mask with pink clay, coffee and grape marc eliminates impurities and toxins. Your skin will look smooth and revitalised.

Caudalie Resveratrol Lift Facial
55 minutes £68.50

Lifting and firming, anti-wrinkle. Specially created for skin that lacks vitality and firmness. After skin is gently cleansed, a stimulating massage visibly firms and redefines the contours of your face. The toning and lifting effects are immediate, your face appears re-sculpted.

Caudalie Premier Cru Ultimate Facial
55 minutes £73.50

This exceptional beauty treatment is a blend of our most effective anti-ageing ingredients and treats all signs of skin ageing. Thanks to an innovative modelage technique, followed by an exclusive mask enriched with Resveratrol, the skin feels denser, smoother and firmer. Wrinkles and fine lines fade visibly. Your complexion looks younger and radiant.

Massages

Swedish Massage

25 mins..£32.50 55 mins £51.50

A massage concentrating specifically on areas of tension, allow your therapist to relieve muscle aches and pains, using a plant based oil.

Face and Scalp Massage

25 mins..£32.50 55 mins £51.50

Allow time to escape with a calming and relaxing head massage. Your therapist will work on pressure points over the forehead and massage slowly and deeply across the head to ease built up tension and reduce stress.

Hot Stone Massage

25 mins ..... £38 55 mins £59

Using pre-blended aromatherapy oils allow your body to surrender to the gentle heat of the volcanic stones that are massaged onto the body. A relaxing experience to make you feel you are walking on air.

Deep Tissue Massage

25 mins ..... £38 55 mins £59

Deep tissue massage helps to restore mobility and reduce muscular aches and pains while the base oil calms the mind, aiding exercise recovery.

Relaxing Candle Massage

25 mins ..... £38 55 mins £59

This cocooning massage is a signature Caudalie massage, the ultimate in relaxing for the mind and body. Using our 'Fleur De Vigne fragrance' with an exquisite scent of grape blossom, bergamot, blackcurrant and sandlewood, compression and lissage techniques, you will be left feeling totally indulged, tension soothed away and energy re-boosted.

Body Treatments

Caudalie Crushed Cabernet Body Scrub

25 minutes.....£32.50

Slimming: It is an ideal "starter" for your treatments. To regain your skin's radiance and softness, we have developed this scrub with a base of grape-seed, honey, brown sugar and the essential oils of the Contouring Concentrate. The application of the Nourishing Body Lotion combined with our Contouring Concentrate completes this treatment and leaves your skin clean, refined and perfectly smooth. This is an ideal treatment for a slimming program or after being exposed to the sun.

Caudalie Contouring and Invigorating Body Wrap

55 minutes £59

Caudalie Nourishing and Relaxing Body Wrap

55 minutes £59

Mum-to-be

Caudalie Pregnancy Massage

25 mins..£32.50 55 mins.....£51.50

A bespoke Swedish massage to the back, neck and shoulder massage to relieve the strains of pregnancy.

Tailored Spa Day Packages

Deluxe
4 hours.....£80

- 180min full use of spa facilities
- Mix and match two 25min treatments of your choice

Premium
4 hours 30mins..... £100

- 180min full use of spa facilities
- Mix and match three 25min treatments of your choice

Luxury
5 hours.....£120

- 180min full use of spa facilities
- Mix and match two 55min treatments of your choice

Ultimate
5 hours 30mins..... £140

- 180min full use of spa facilities
- Mix and match two 55min and one 25min treatments of your choice

Thermal Spa / Group Hire

2 hour Thermal Spa session:
Peak .....from £14

Off peak: Monday - Friday 11am-4pm*

Peak: Monday - Friday 4pm-8pm and weekends.

*Excluding Bank Holidays.

Are you arranging a group day out or celebration?

You can hire out a whole spa (at select locations). This includes:

- Exclusive use of the Thermal Spa
- A glass of fizz for each guest and fruit platter to share
- 20% discount off treatments booked during the session
- Groups are classed as eight or more people

2 hours £315

Group package 2

- 2 hours thermal spa
- 25 min facial OR massage
- Afternoon tea
- Glass of fizz

£44pp

Group package 3

- 2 hours thermal spa
- 25 min facial AND massage
- Afternoon tea
- Glass of fizz

Currently £65pp

General Information

Information within the brochure is subject to change please always visit the spa website to check the latest pricing.

For further information on opening times, spa etiquette, what to bring, where we are, medical concerns and general terms and conditions including cancellations and refunds, visit: **everyoneactive.com/Blackbrook**

Make sure that you don't miss out on our latest news, competitions and special offers. Follow us on social media **@eaBlackbrook**

Gift Cards

We have a wide range of gift cards perfect for every occasion.

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Prices correct as of June 2022.