



CHAWTON PARK

SPA & WELLNESS





Escape to the Chawton Park Spa

Take time out for yourself at Chawton Park Spa. We are committed to delivering a personalised experience to meet your every need, whether you have 30 minutes or 3 hours, allow us to pamper you.

Choose from one of our luxurious treatments using Caudalie products, or take advantage of our wide range of beauty services including manicures and pedicures, gel nails, waxing, tinting and shaping.

Our facilities include 4 luxurious treatment rooms as well as a beautiful heat and water oasis.

Use of the heat and water facilities is available at £25 per person, alternatively book an 80-minute treatment and receive complementary spa use. Spa membership options are available from £25 per month, please speak to a spa host for more details.

Enjoy our treatment loyalty scheme – book any 5 treatments and receive the 6th treatment free of charge (terms and conditions apply).

 facebook.com/ChawtonParkSpa



Pampering Hands & Feet

Gel Manicure£32

Gel Pedicure£38

Gel lasts up to 21 days without peeling, chipping or fading. A unique gel in a bottle, it is applied like a polish with a durable strength of gel.

Jessica Geleration

Application Only.....£25

Luxury Manicure£35

55 mins. A luxurious treatment that treats your individual nail type. This manicure leaves each nail shaped, polished and treated to perfection. Thermal mitts are used to ensure you feel completely pampered.

Luxury Pedicure£38

55 mins. This replenishing intensive treatment is the perfect remedy for hard working feet. Incorporating an exfoliation, massage and hot booties and then finished with the perfect polish.

Express Manicure£25

25 mins. A tailored manicure that includes cuticle care, file and a perfect polish.

Express Pedicure£25

25 mins. A tailored pedicure to treat your individual nail type. It includes hard skin removal, cuticle tidy and a perfect polish.

Express Manicure

& Express Pedicure£35

50 mins. A tailored manicure and pedicure to treat your individual nail type. The express manicure includes a cuticle tidy, file and a perfect polish, the express pedicure includes hard skin removal, cuticle tidy and a perfect polish.



SHAPING, TINTING & THREADING

Eyebrow thread£12

Eyebrow shape.....£12

Eyelash tint£14

Eyebrow tint.....£10

Eyelash & brow tint.....£18

Eyebrow shape & tint.....£20

*If you haven't had a tint with us before, please book in for a patch test 24 hours before your appointment.

WAXING

Extended bikini£16

Half leg wax.....£20

Full leg wax.....£26

Bikini wax.....£14

Brazilian wax£30

Hollywood wax£35

Half leg & bikini£32

Full leg & bikini.....£38

Half leg & Brazilian wax.....£48

Full leg & Brazilian wax.....£54

Half leg & Hollywood wax£52

Full leg & Hollywood wax.....£58

Lip wax.....£7

Chin wax.....£7

Lip & chin wax£10

Underarm wax£7

Half arm wax£15

Full arm wax£20

Hot wax is an additional £5

We recommend...

Caudalie products are designed to indulge skin while providing visible results thanks to products renowned worldwide for their exceptional anti-oxidant properties. The natural brand based around the grape and the grapevine ensure optimum results whilst delivering luxurious textures, aromas and divine treatments.

CAUDALIE'S SIGNATURE TREATMENT **1 hr 50 mins - £110**

The ultimate face and body experience, this treatment begins with a deep tissue back massage using the Divine body oil for indulgent relaxation. Your therapists will then personalise a Caudalie express facial to suit your skins requirements this includes the ultimate eye treatment which lifts and firms the eye area and finished with a relaxing scalp massage. Indulge in this face and body experience which will leave you relaxed, refreshed and radiant looking.



Caudalie - Advanced Skincare Facial

PREMIER CRU FACIAL

Ultimate anti-aging

55 mins£80

This exceptional anti-aging facial will lift, moisturise, smooth, plump & even the skin with cutting edge innovative techniques and products from the Premier Cru Range.

This advanced facial includes a massage carried out using a roller with a micro-point system which improves the penetration of active Ingredients, stimulating the natural production of collagen and elastin. The application of an exclusive hydrogel mask enriched with Resveratrol-Oleyl and anti-aging active ingredients, will provide immediate tightening and lifting effects to the face and jaw areas. The results are spectacular: wrinkles and fine lines are visibly reduced; the skin is smoother and firmer, and a radiant glow enhances the even complexion.

RESVERATROL LIFT FACIAL FIRMING

Lifting and anti-wrinkle

55 mins£65

Specially created for skin that lacks firmness, contour & vitality. This facial uses the Award-winning Resveratrol Lift Range (in Partnership with Harvard Medical School) to deliver exceptional lifting effects. After skin is gently cleansed, a stimulating massage visibly firms and redefines the contours of your face. The application of a warming firming mask enhances the lifting effect of the Resveratrol Lift products. The toning and lifting effects are immediate, your face appears resculpted. The firming and lifting effects are immediate, your face is as if resculpted, and radiant with youth.

VINERGETIC C FACIAL

Anti-pollution, recharge and Glow

55 mins £60

A deeply energising vitamin cocktail. This facial treatment hydrates, renews, energises & protects the skin cells in the epidermis. Combined with regenerating aromatherapy massage using essential oils, an antioxidant mask follows, highly concentrated in pink clays, grape marc and coffee, it deeply cleanses the skin while draining toxins. This facial reduces the visual appearance of fine lines & wrinkles, smooths and protects the skin. Your skin looks plumper, youthful and your complexion smooth. This is a perfect facial for those wishing to maintain and protect their skins from the environment and free radical damage.

VINOPURE FACIAL

Purifying, decongesting, calming

55 mins £60

This treatment purifies your skin, cleanses your complexion and helps regulate excess sebum. A skin cleansing and a face massage with essential oils and a cryo-massager will help remove impurities and tighten pores. The cryo-massager will have an anti-inflammatory action on the skin (and anti-dark circles on the eye contour).



VINOPERFECT RADIANCE FACIAL

Complexion correcting/anti-dark spot
55 mins£60

A unique facial treatment specifically designed to correct the complexion, restoring radiance and vitality to the skin. Specifically created for tired, dull & uneven skin types, this is a must have facial treatment. Exceptional massage techniques with essential oils and small hot and cold basalt stones, awaken the luminosity of the complexion, inducing a feeling of wellbeing. A Radiance Peeling Mask is applied for a gentle peeling action to restore your complexion's even tone. The Vinoperfect Serum adds the finishing touch to this treatment, leaving you looking radiant, even and luminous.

VINOSOURCE HYDRATING AND NOURISHING FACIAL - £60

A skin-renewing treatment to deeply moisturise the skin. This treatment starts with a gentle cleansing of the skin. A massage with fresh grapes followed by a recovery essential oil massage to soothe dryness. The application of an intensely moisturising mask, and our Vinosource-Hydra products restore moisture levels for a healthy, glowing appearance.

EXPRESS D-VINE FACIAL

Instant glow & Hydration

25 mins £35

Specially designed for men and women who are time short, yet still want results. This express treatment is tailor-made to meet the needs of every skin type. This facial includes eye and skin cleansing, deep exfoliation, the application of a customised mask, and a hand massage completes this moment of well-being. The experience is completed with serums and moisturisers to meet your individual requirements. Your skin's freshness, comfort and evenness are restored.

LIFTING & FIRMING EYE TREATMENT

Lifting & Firming

25 mins £35

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. It starts with a delicate massage followed by the application of a hydrogel patch concentrated in red vine, horse chestnut and ivy leaf that smooth features, substantially diminishing dark circles and instantly reducing puffiness. The eye contour is lifted, and the eyes enhanced.



Caudalie Body Treatments

CRUSHED CABERNET EXFOLIATION

25 mins£30

Slimming: It is an ideal "starter" for your treatments. To regain your skin's radiance and softness, we have developed this scrub with a base of grape-seed, honey, brown sugar and the essential oils of the Contouring Concentrate. The application of the Nourishing Body Lotion combined with our Contouring Concentrate completes this treatment and leaves your skin clean, refined and perfectly smooth. This is an ideal treatment for a slimming program or after being exposed to the sun.

THE DES VIGNE BODY MASSAGE

25 mins£35

40 mins£45

55 mins£60

80 mins£85

Relaxing: A relaxing body massage incorporating techniques to suit your requirements, relax tight muscles and uplift the mind. The Des Vignes oil combines subtle notes of honeyed ginger, neroli, orange blossom, white musk and jasmine. The skin is left feeling soft, hydrated & shrouded in the subtle TDV fragrance.

CRUSHED CABERNET SCRUB & MASSAGE

55 mins£55

Slimming: This body treatment begins with the most popular scrub from the Vinothérapie Spa. The scrub with grape-seeds, honey, brown sugar and 6 essential oils leaves your skin radiant and perfectly smooth. The sculpting body treatment, with the essential oils of Caudalie's Contouring Concentrate, completes this treatment to smooth cellulite and refine your body. This is an ideal treatment for a slimming program or before exposure to the sun.

CONTOURING & INVIGORATING BODY WRAP

Stimulating, illuminating treatment

55 mins£65

This balancing and detoxifying treatment involves a deep exfoliation with our Crushed Cabernet Scrub, followed by application of our Contouring Concentrate, designed to help boost the metabolism and ease away tension it also speeds up the elimination of toxins. This is followed by an application of our Vinosculpt Lift & Firm Cream and being wrapped to cocoon the body. This treatment includes a full scalp treatment for total relaxation.

RELAXING & NOURISHING BODY WRAP

55 mins£65

A deep nourishing treatment for the body. This treatment starts with a full body exfoliation followed by an application of The de Vigne Oil & body moisturiser for a deep skin moisture treatment, massaged onto the skin and then wrapped to cocoon the skin with hydration. This treatment includes a full scalp treatment for total relaxation.

CRANIAL MASSAGE

25 mins£35

Hand placement on the skull is designed to free energy blockages and promote relaxation. This massage simultaneously stimulates reactions in the whole body, helping to rebalance the energies of the nervous system.

Massages

SWEDISH MASSAGE

A massage concentrating specifically on areas of tension, allow your therapist to relieve muscle aches and pains, using a plant-based oil.

25 mins £35 40 mins £45
55 mins £60 80 mins £80

DEEP TISSUE MASSAGE

Deep tissue massage helps to restore mobility and reduce muscular aches and pains while the base oil calms the mind aiding exercise recovery.

25 mins £40 40 mins £50
55 mins £70 80 mins £90

HOT STONE MASSAGE

Using pre-blended aromatherapy oils allow your body to surrender to the gentle heat of the volcanic stones that are massaged onto the body. A relaxing experience to make you feel you are walking on air.

25 mins £40 40 mins £50
55 mins £70 80 mins £90

SCALP MASSAGE

25 mins £35

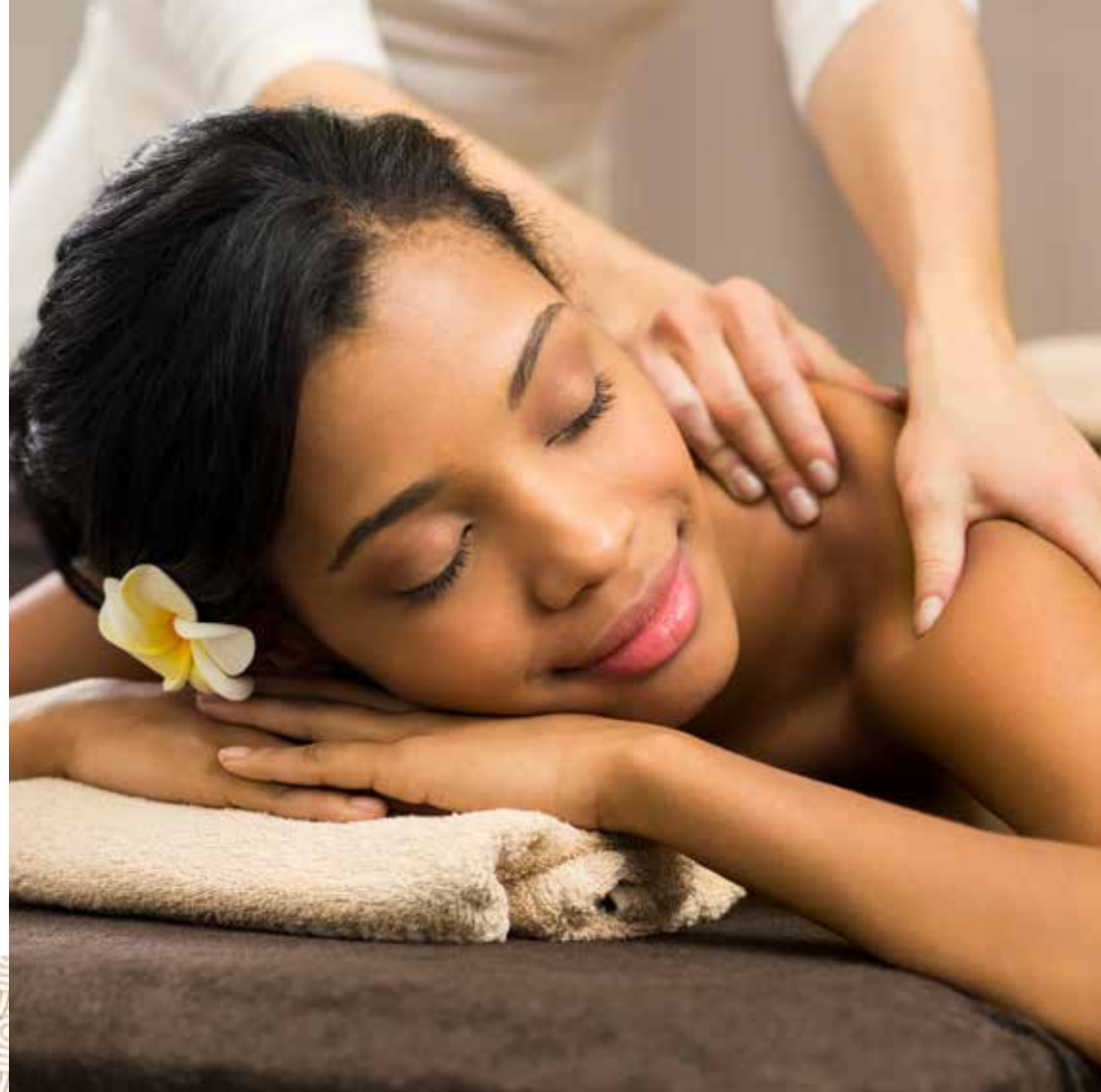
Allow time to escape with a calming and relaxing head massage. Your therapist will work on pressure points over the forehead and massage slowly and deeply across the head to ease built up tension and reduce stress.

REFLEXOLOGY

25 mins £35

50 mins £60

Reflexology is the application of pressure to areas on the feet. Reflexology works by areas of the foot corresponding to organs and systems of the body. Pressure applied to the foot and brings relaxation and healing to the corresponding area of the body.





Men's Treatments

RELAX AND UNWIND WITH A FACIAL OR MASSAGE

DEEP TISSUE MASSAGE

Deep tissue massage helps to restore mobility and reduce muscular aches and pains while the base oil calms the mind aiding exercise recovery.

25 mins £35 40 mins £45
55 mins £65 80 mins £85

HOT STONE MASSAGE

Using pre-blended aromatherapy oils allow your body to surrender to the gentle heat of the volcanic stones that are massaged onto the body. A relaxing experience to make you feel you are walking on air.

25 mins £35 40 mins £45
55 mins £65 80 mins £85

GROOMING SERVICES FOR MEN

MAINTENANCE MANICURE

25 mins £20

MAINTENANCE PEDICURE

25 mins £20

VINERGETIC C FACIAL

55 mins£60

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MEN'S WAXING

Chest wax£20

Back wax£20

Eyebrow wax £12

Back, neck and shoulder wax£25

Mum-to-be

CAUDALIE MUM-TO-BE TREATMENT £60

Pure indulgence for face and body, adapted to pre and post-natal stages of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity.

Afterwards, you'll feel energised and wonderfully relaxed, with baby-soft skin.

PREGNANCY MASSAGE

A bespoke Swedish massage to the back, neck and shoulder massage to relieve the strains of pregnancy.

25 mins £35

40 mins £45

55 mins £65



Spa Experience Packages

SPA RELAX DAY - £30

- Full use of the spa facilities
- Use of the gym
- Use of the swimming pool

CELEBRATION PACKAGE - £55

- A 25-minute treatment of your choice
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

PAMPERING SPA DAY - £80

- 25-minute massage
- 25-minute facial
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

INDULGENCE PACKAGE - £110

- 55-minute massage
- 55-minute Caudalie facial
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

MEN'S PACKAGE - £100

- 55-minute massage
- Express facial
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

MUM-TO-BE PACKAGE - £90

- Caudalie Pregnancy massage
- Luxury pedicure
- Use of the gym
- Use of the swimming pool
- Welcome drink

Enjoy your Chawton Park Spa Experience

In order for you to relax, unwind and enjoy your spa experience, please read our helpful tips to gain the most from your visit.

OPENING TIMES

Monday - Friday09:00 - 21:00
Saturday & Sunday09:00 - 18:00

ADVANCED BOOKINGS

To avoid disappointment we strongly advise that you book all treatments in advance. Please contact a spa host on 01420 557860. Alternatively you can visit www.everyonespa.com to make an online booking enquiry.

ARRIVAL

In order for you to get the most of your experience, please arrive 10 minutes prior to your treatment to complete a consultation form and enjoy a welcome drink. Treatments that include use of the spa facilities, we would recommend arriving at least 45 minutes prior to your treatment, to familiarise yourself with the spa surroundings.

CANCELLATION

We operate a 24-hour cancellation policy to avoid 100% charge or redemption from your gift certificate. Full payment will be taken at the time of booking.

GIFT CERTIFICATES

Treat a loved one to a gift certificate. All certificates must be used within 12 months or purchase. Please note gift certificates are non-transferable and non-refundable.



HEALTH CONCERNS

Please notify our spa therapists if you have any special medical conditions, allergies or if you are pregnant. We do not recommend any treatments are carried out during the first trimester of pregnancy. We may require a doctor's note or for you to complete a client disclaimer form to enable us to perform certain treatments where medical conditions are concerned.

SPA ETIQUETTE

We want you to feel comfortable during your spa experience therefore we will provide you with towels, robes and slippers. Our therapists are trained to observe client modesty at all times, disposable briefs and boxers are available during a treatment. Appropriate swim attire must be worn during the use of the heat and water area.

LOSS OR DAMAGE

We strongly advise no jewellery to be worn at any time while relaxing within the spa. We will not be held accountable for any loss or damage to jewellery or possessions. Lockers are provided to secure your belongings. We would also recommend that no alcohol is consumed prior to your treatment or spa use. Water will be provided within the spa area. We want your spa experience to be as tranquil as possible, therefore we ask that no mobile phones be used within the spa area.

AGE REQUIREMENTS

The minimum age for access to the spa is 16. Beauty treatments will be available for those over 14 but must be accompanied by an adult at all times.

The Chawton Park Spa offers

SAUNA

A traditional sauna, the temperature is maintained between 80 – 100 degrees centigrade. The benefits include eliminating toxins from the body and relieving stress.

STEAM ROOM

An enclosed space with large amounts of high temperature steam. The benefits are helping to rid the body of toxins, boosting the immune system and aiding relaxation, ideal after a workout.

HYDRO SPA POOL

The temperature is kept at 32 degrees centigrade. The benefits include helping the body to relax and aiding rehabilitation following an injury or surgery.



CHAWTON PARK

SPA & WELLNESS

Alton Sports Centre, Chawton Park Road,
Alton, Hampshire, GU34 1ST

Telephone: 01420 557860

chawtonparkspa@everyoneactive.com
www.everynespaspa.com

Prices correct as of September 2022.