



MOBERLY

SPA & WELLNESS



Escape to the Moberly Spa

Take time out for yourself at Moberly Spa. We are committed to delivering a personalised experience to meet your every need, whether you have 30 minutes or 3 hours, allow us to pamper you.

Choose from one of our luxurious treatments using products by Caudalie & Dr Murad products, or take advantage of our wide range of beauty services including Jessica manicures and pedicures, Gelation nails, waxing, tinting and shaping.

Our facilities include 4 luxurious treatment rooms, as well as a sauna and steam room.

Access to the spa facilities is £13.40 per person.

Enjoy our treatment loyalty scheme - book any 5 treatments and receive the 6th treatment free of charge (terms and conditions apply).

 facebook.com/MoberlySpa

 [@MoberlySpa](https://twitter.com/MoberlySpa)



Pampering Hands & Feet

JESSICA - HANDS & FEET

Jessica Geleration Hands£28

Jessica Geleration Feet£30

Geleration lasts up to 21 days without peeling, chipping or fading. A unique gel in a bottle, it is applied like a polish with a durable strength of gel.

Jessica Geleration

Application Only.....£20

Jessica Luxury Manicure£30

55 mins. A luxurious treatment that treats your individual nail type. This manicure leaves each nail shaped, polished and treated to perfection. Thermal mitts are used to ensure you feel completely pampered.

Jessica Luxury Pedicure.....£32

55 mins. This replenishing intensive treatment is the perfect remedy for hard working feet. Incorporating an exfoliation, massage and hot booties and then finished with the perfect polish.

Jessica Express Manicure£20

25 mins. A tailored manicure that includes cuticle care, file and a perfect polish.

Jessica Express Pedicure£22

25 mins. A tailored pedicure to treat your individual nail type. It includes hard skin removal, cuticle tidy and a perfect polish.

Express Manicure

& Express Pedicure£35

50 mins. A tailored manicure and pedicure to treat your individual nail type. The express manicure includes a cuticle tidy, file and a perfect polish, the express pedicure includes hard skin removal, cuticle tidy and a perfect polish.



SHAPING AND TINTING

Eyebrow shape.....£9

Eye lash tint.....£10

Eyebrow tint.....£8

Eye lash & brow tint.....£15

Eyebrow shape & tint.....£14

Please note when having a tinting treatment, a patch test needs to be done at least 24 hour prior to your treatment.

WAXING

Half leg wax.....£18

Full leg wax.....£22

Bikini wax.....£12

Brazilian wax.....£20

Hollywood wax.....£25

Half leg & bikini.....£25

Full leg & bikini.....£30

Half leg & Brazilian wax.....£34

Full leg & Brazilian wax.....£38

Half leg & Hollywood wax.....£38

Full leg & Hollywood wax.....£42

Lip wax.....£6

Chin wax.....£7

Lip & chin wax.....£10

Underarm wax.....£7

Half arm wax.....£12

Full arm wax.....£15

Hot wax is an additional £5

THREADING

Eyebrow thread.....£8

Lip thread.....£6

Chin thread.....£6

Lip & Chin thread.....£10

Full Face thread.....£18

We recommend...

Caudalie products are designed to indulge skin while providing visible results thanks to products renowned worldwide for their exceptional anti-oxidant properties. The natural brand based around the grape and the grapevine ensure optimum results whilst delivering luxurious textures, aromas and divine treatments.

CAUDALIE'S SIGNATURE TREATMENT **1 hr 50 mins - £110**

The ultimate face and body experience, this treatment begins with a deep tissue back massage using the Divine body oil for indulgent relaxation. Your therapists will then personalise a Caudalie express facial to suit your skins requirements this includes the ultimate eye treatment which lifts and firms the eye area and finishes with a relaxing scalp massage. Indulge in this face and body experience which will leave you relaxed, refreshed and radiant looking.



Murad Method™ Facials

Murad Method™ facials are a new and entirely personalised concept in high-performance professional skincare from internationally renowned skincare brand Murad.

The ground-breaking, dermatologist-developed combinations and techniques are designed to make skin as healthy as it can be, giving noticeable results and leaving skin looking beautiful.

The facials are inspired by Dr. Howard Murad's Connected Beauty philosophy, an innovative approach which helps you to Nourish the skin through high-performance skincare, Eat your Water through diet and supplements, Awaken Your Body through exercise and Be Kind to Your Mind by managing stress and cultivating happiness.

Traditional facials are developed to address a single skin concern, such as lack of firmness or blemished skin. However, Dr. Murad understands that only healthy skin can be truly beautiful and that no two skins are the same. This has led him to develop the Murad Method facials, part of the Next Generation of sophisticated, wholly customised solutions for maximum skin health.

During your facial, your therapist will spend time analysing your specific skin type before designing a bespoke facial to address multiple skin concerns. The facial also includes touchpoint massage techniques to help relieve stress for ultimate relaxation and mindfulness. Skin will be left noticeably healthier and more beautiful.

TIME OPTIONS

30 minute facial.....£40

60 minute facial.....£70

75 minute facial£85



Caudalie - Advanced skincare Facial

VINOSOURCE ANTI-OXIDANT HYDRATING FACIAL

55 MINUTES - £50

Moisturize, soothe, hydrate. A skin-renewing treatment to deeply moisturize the skin. This treatment starts with a gentle cleansing of the skin. A massage with fresh grapes followed by a recovery essential oil massage soothes dryness. The application of an intensely moisturizing mask, and our Vinosource products restore moisture levels for a healthy, glowing appearance.

VINOPURE FACIAL

55 MINUTES - £50

This treatment purifies your skin, cleanses your complexion and helps regulate excess sebum. A skin cleansing and a face massage with essential oils and a cryo-massager will help remove impurities and tighten pores. The cryo-massager will have an anti-inflammatory action on the skin (and anti-dark circles on the eye contour).

VINEACTIVE DETOX FACIAL

55 MINUTES - £50

Anti-oxidant, anti-wrinkle, protect. A burst of vitamins and energy for the skin! Created for clients who need a rescue from pollution, this facial features products with two star ingredients: grape-seed polyphenols and vitamin C, to shield skin from free radicals and prevent future damage. After a thorough cleansing and a deep exfoliation, a detoxifying mask with pink clay, coffee and grape marc eliminates impurities and toxins. Your skin will look smooth and revitalized.

RESVERATROL LIFT FACIAL

55 MINUTES - £55

Lifting & Firming, anti-wrinkle. Specially created for skin that lacks vitality and firmness. After skin is gently cleansed, a stimulating massage visibly firms and redefines the contours of your face. The toning and lifting effects are immediate, your face appears re-sculpted.

VINOPERFECT RADIANCE FACIAL

55 MINUTES - £50

Radiance, anti-dark spots/pigmentation. The ideal treatment for skin lacking radiance and luminosity. After skin is gently cleansed, a massage with essential oils (chosen for your skin type) and small hot and cold basalt stones stimulates your skin's radiance. The deep-action peeling mask awakens the luminosity of your complexion. Caudalie's Vinoperfect collection adds the finishing touch to this treatment, leaving you looking rested and radiant.

ANTI AGEING EYE TREATMENT

25 MINUTES - £22

Lifting, smoothing, radiance. This treatment works on lifting & firming the eye area. Wrinkles and fine lines are visibly smoothed. This treatment works on puffiness, dull and lifeless skin. The eyes contour is left radiant with youth and vitality.

EXPRESS D-VINE FACIAL

25 MINUTES - £30

Instant radiance boost. Express facial for a burst of radiance in just 30 minutes. After a deep cleansing facial to exfoliate the skin, the application of a mask immediately boosts radiance. Your skin looks rested, your complexion's brightness is restored.



Caudalie Body Treatments

CRUSHED CABERNET EXFOLIATION

25 minutes - £30

Slimming: It is an ideal “starter” for your treatments. To regain your skin’s radiance and softness, we have developed this scrub with a base of grape-seed, honey, brown sugar and the essential oils of the Contouring Concentrate. The application of the Nourishing Body Lotion combined with our Contouring Concentrate completes this treatment and leaves your skin clean, refined and perfectly smooth. This is an ideal treatment for a slimming program or after being exposed to the sun.

CRUSHED CABERNET SCRUB & MASSAGE

55 minutes - £50

Slimming: This body treatment begins with the most popular scrub from the Vinothérapie Spa. The scrub with grape-seeds, honey, brown sugar and 6 essential oils leaves your skin radiant and perfectly smooth. The sculpting body treatment, with the essential oils of Caudalie’s Contouring Concentrate, completes this treatment to smooth cellulite and refine your body. This is an ideal treatment for a slimming program or before exposure to the sun.

DIVINE BODY MASSAGE

55 minutes - £55

Relaxing: A relaxing body massage featuring our award winning Divine Oil, a combination of 4 exceptional plant oils. Your skin will be luxuriously softened, moisturized and wrapped in a delicate floral fragrance; a blend of roses, grapefruit, pink pepper, vanilla, cedar and white musk.

Massages

SWEDISH MASSAGE

A massage concentrating specifically on areas of tension, allow your therapist to relieve muscle aches and pains, using a plant based oil.

25 mins £30 40 mins £40

55 mins £55 80 mins £75

DEEP TISSUE MASSAGE

Deep tissue massage helps to restore mobility and reduce muscular aches and pains while the base oil calms the mind aiding exercise recovery.

25 mins £35 40 mins £45

55 mins £65 80 mins £85

HOT STONE MASSAGE

Using pre-blended aromatherapy oils allow your body to surrender to the gentle heat of the volcanic stones that are massaged onto the body. A relaxing experience to make you feel you are walking on air.

25 mins £35 40 mins £45

55 mins £65 80 mins £85

SCALP MASSAGE

25 mins £30

Allow time to escape with a calming and relaxing head massage. Your therapist will work on pressure points over the forehead and massage slowly and deeply across the head to ease built up tension and reduce stress.





Men's Treatments

RELAX AND UNWIND WITH A FACIAL OR MASSAGE

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GROOMING SERVICES FOR MEN

MAINTENANCE MANICURE

25 mins£20

MAINTENANCE PEDICURE

25 mins£20

MENS WAXING

Chest Wax..... £15

Back Wax £15

Eyebrow Wax..... £10

Back, Neck and shoulder wax£25

Mum to be

CAUDALIE MUM TO BE TREATMENT..... £60

Pure indulgence for face and body, adapted to pre and post-natal stages of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity.

Afterwards, you'll feel energised and wonderfully relaxed, with baby-soft skin.

PREGNANCY MESSAGE

A bespoke Swedish massage to the back, neck and shoulder massage to relieve the strains of pregnancy.

25 mins£30

40 mins£40



Spa Experience Packages

SPA RELAX DAY £20

- Full use of the spa facilities
- Use of the gym
- Use of the swimming pool

CELEBRATION PACKAGE £40

- A 25 minute treatment of your choice
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

PAMPERING SPA DAY £75

- 25 minute massage
- 25 minute facial
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

TWILIGHT PACKAGE £50

- 40 minute back, neck and shoulder massage
- Use of the spa facilities
- Welcome drink
- Monday - Friday 4 - 9pm

MENS PACKAGE £95

- 55 minute massage
- Express facial
- Use of the spa facilities
- Use of the gym
- Use of the swimming pool
- Welcome drink

MUM TO BE PACKAGE £95

- Caudalie Pregnancy massage
- Luxury Pedicure
- Use of the gym
- Use of the swimming pool
- Welcome drink

All spa day packages include towel and gown hire.

Enjoy your Moberly Spa Experience

In order for you to relax, unwind and enjoy your spa experience, please read our helpful tips to gain the most from your visit.

OPENING TIMES

Monday - Friday09:00 - 21:00
Saturday & Sunday09:00 - 18:00

ADVANCED BOOKINGS

To avoid disappointment we strongly advise that you book all treatments in advance. Please contact a spa host on 0203 879 6669 or email moberlyspaenquiries@everyoneactive.com

ARRIVAL

In order for you to get the most of your experience please arrive 10 minutes prior to your treatment to complete a consultation form and enjoy a welcome drink. Treatments that include use of the spa facilities, we would recommend arriving at least 45 minutes prior to your treatment, too familiarise yourself with the spa surroundings.

CANCELLATION

We operate a 24 hour cancellation policy to avoid 100% charge or redemption from your gift certificate. Full payment will be taken at the time of booking.

GIFT CERTIFICATES

Treat a loved one to a gift certificate. All certificates must be used within 12 months of purchase. Please note gift certificates are non-transferable and non-refundable.



HEALTH CONCERNS

Please notify our spa therapists if you have any special medical conditions, allergies or if you are pregnant. We do not recommend any treatments are carried out during the first trimester of pregnancy. We may require a doctor's note or for you to complete a client disclaimer form to enable us to perform certain treatments where medical conditions are concerned.

SPA ETIQUETTE

We want you to feel comfortable during your spa experience therefore we will provide you with towels, robes and slippers. Our therapists are trained to observe client modesty at all times, disposable briefs and boxers are available during a treatment. Appropriate swim attire must be worn during the use of the heat and water area.

LOSS OR DAMAGE

We strongly advise no jewellery to be worn at any time while relaxing within the spa. We will not be held accountable for any loss or damage to jewellery or possessions. Lockers are provided to secure your belongings. We would also recommend that no alcohol is consumed prior to your treatment or spa use. Water will be provided within the spa area. We want your spa experience to be as tranquil as possible, therefore we ask that no mobile phones be used within the spa area.

AGE REQUIREMENTS

The minimum age for access to the spa is 16. Beauty treatments will be available for those over 14 but must be accompanied by an adult at all times.

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Telephone: 0203 879 6669

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www.everyoneactive.com/Spa-Moberly